

# RED BOOK

love your life

## How to date your husband

5 ways to feel like you just hooked up

LOSE 10 POUNDS WITHOUT REALLY TRYING

No dieting—just little life tricks!

Save \$1,000 this month

How to do everything cheaper

Jeans that slim you instantly!

22 finds for a flat belly and a cute butt

Free booklet!  
**QUICKIE HEALTH FIXES**

**THE GOOD WIFE'S JULIANNA MARGULIES**

on cheaters:  
"Tell your wife, or I'll tell her"

SPECIAL REPORT <<<

**BIG LIES ABOUT FOOD ALLERGIES**

Put your family in a good mood

New happiness rules p.158

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You want:

jeans that  
go from work  
to dinner.

A dark, sleek trouser style streamlines you from waist to ankle. Plus, they're as polished as black pants—but way more fun.

Hutton jeans, Citizens of Humanity, \$154. Tweed Verbe Sparkle jacket, Chico's, \$129. Remy blouse, Erikauni, \$112. Nydia heels, AMI Clubwear, \$25. Live, Laugh, Love necklace, Elva Fields, \$228. Oscar bangle, Rosena Sammi, \$75. Patent skinny belt, J.Crew, \$35. Leather studded tote, Ember Skye, \$599.

## Can jeans really flatten your belly?

We test that claim and more.

**THE CLAIM:** Eliminates all evidence of tummy pooch

**THE JEANS:** M'Chic "Skinny" jeans, \$49

**THE VERDICT:** "If I wear a fitted tee with jeans, I usually need a Spanx tank to slim down my midsection and avoid muffin top, but I didn't with these—I almost felt Photoshopped!" says deputy editor Sunny Gold. "But the special belly-flattening waistband on these wasn't so breathable, and it did roll down, which was irritating. Regardless, the smoothing effect was totally and absolutely worth it."

**THE CLAIM:** A perfect fit for women with serious curves

**THE JEANS:** Belja Flor "Sydney Capri" jeans, \$145

**THE VERDICT:** "It's hard for a curvy girl like me to find skinny jeans (since I'm not skinny), but I loved these," deputy art director Sarah Muñoz says. "They have enough stretch to flatter my round parts but enough structure so they still look like jeans, not leggings."

**THE CLAIM:** Long enough for women 5-foot-8 and up

**THE JEANS:** Long Tall Sally "Alicia" jeans, \$79

**THE VERDICT:** "My current favorite jeans are great when I'm wearing flats but are way too short with heels," reports 5-foot-9 copy editor Laurel Leicht. "These were the perfect length with my four-inch wedges—brilliant!"

**THE CLAIM:** Stretch fabric that's extra-comfy—and keeps its shape

**THE JEANS:** Lee "Joplin Barely Bootcut" jeans, \$42

**THE VERDICT:** Beauty editor Krista DeMaio says, "These jeans held me in, especially in the rear, but were still comfortable. When I moved, they stretched, and when I sat, the waistband didn't dig into my skin. And the butt didn't sag by the end of the day, so I can get away with not washing them before wearing them again."