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THE OPRAH
MAGAZINE

**Everything he
knows about
manners, he
learned in bed**

A very sweet, sexy
etiquette lesson

**Other people's
problems**

Do you use them
to avoid your own?

**Caribbean
cocktail party**

To hell with winter...
and pass the coconut
mango shrimp

No more diets
The real key to
weight loss is inside

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presents**

from \$4 to
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Oprah talks

to the woman
who dreamed up
Dr. McDreamy
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Grey's Anatomy

**Win 2 tix to the
Oprah show**

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DESK TO DRESS-UP: THE MAKEUP EXPRESS

With three easy basics, you can step up your look from workday to wow, says makeup artist Lea Segal. First, curl your eyelashes (to "open" the eyes) and give them two coats of black mascara (try Estée Lauder MagnaScopic Maximum Volume Mascara). Swirl a bright pink powder blush on the apples of your cheeks (Bibani makes one in Luscious that flatters most skin tones). Finally, choose a lipstick a shade deeper than your color for day, or add a shimmery gloss for extra shine (Clarins Lip Gloss in Diamond looks great over any lipcolor).



The Office ■ Kat Schaffer, 45, real estate broker, excels for a master's in social work. ■ A crisp rim and witty pockets give this dress extra bang. Laundry Label, \$295; now by Free Creditors; a Door of Black. ■ Warm cardigan, DKNY; tights, Mando; shoes, Tote. ■ Businesswoman below: extra drug earnings (she's booming); and a good-sized bag (Laundry by Shari Segal).

The Office Party ■ When you enter the social whirl straight from work, you may clock 14 hours in the same dress. ■ Six soft fabric. ■ Kat says, "I have to be comfortable." Here she's ditched the tights, traded the sweater for a silk and velvet wrap (now by DKNY), and acquired a spectacular (padded) purse (Quintessence). ■ Short earrings, Cole Haan T-strap. ▶