

Southern Living

MAY 2011

Sweet & Simple

23 NEW WAYS
TO ENJOY TEA
FROM PITCHER TO PLATTER

Pour on
the Charm!

HOW TO...


PICNIC
IN STYLE

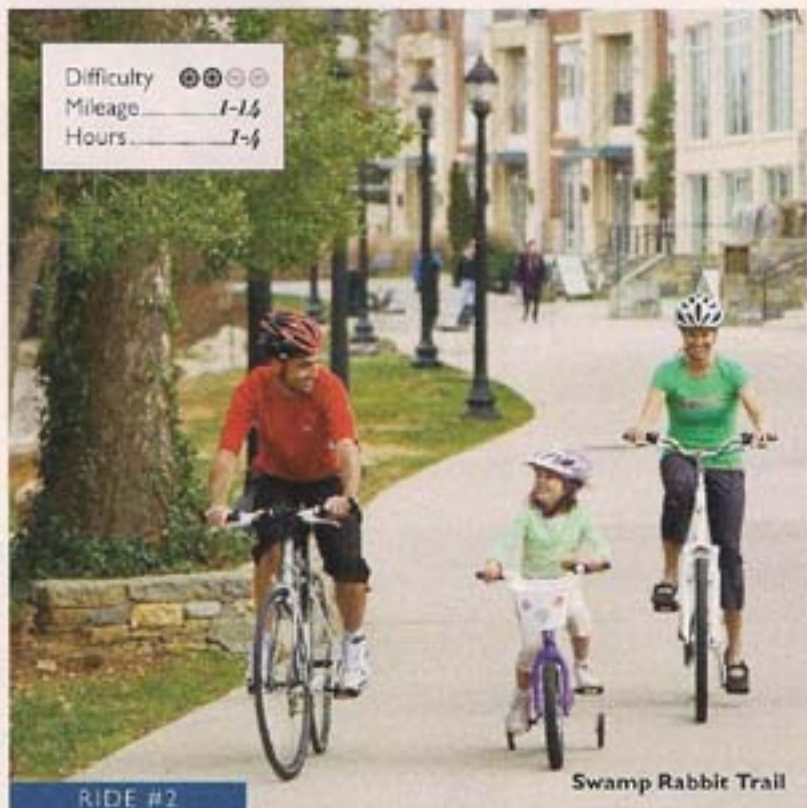
PRETTY UP
YOUR YARD

GET THE
COTTAGE
LOOK

Icebox Tart
(Made with Sweet Tea!)
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3 Must-see
Southern
Beach Towns

Difficulty 
 Mileage _____ 1-1.5
 Hours _____ 1-1.5




RIDE #2

Swamp Rabbit Trail

Teach the Kids

Greenville's Swamp Rabbit Trail

 **THE RIDE:** A former rail line, this 13.5-mile South Carolina trail is blissfully flat and traffic-free, connecting Greenville to Travelers Rest along a scenic stretch of the Reedy River. Roll beneath Liberty Bridge in Greenville's Falls Park, adjacent to dramatic waterfalls. At the midpoint, a connector path meanders around Furman Lake.

YOUR GUIDE: You. (It's hard to get lost.) You can hitch a ride back on one of Greenville's buses, equipped with bike racks to offer "shuttles" to and from Travelers Rest. greenwillerec.com/parks

YOU'LL LOVE IT IF: You've got kids or hate traffic. It's straight, hill-free, and closed to cars.

GEAR UP: Reedy Rides will deliver a bicycle to you, with a helmet, bag, and lock. (\$15 for a half day.) reedyrides.com

DON'T MISS: Greenville's Pedal Chic is the first female-specific bike shop in the Southeast. It sells all types of bikes and cute athletic wear from XS to plus sizes. Conceived by owner Robin Bylenga, it may be the only bike shop in the world with a crystal chandelier. pedalchic.com

More Rails to Trails

You'll find more ice cream than hills on **Missouri's Katy Trail**, which runs 225 miles along the Missouri River, through the small towns of the Show-Me State's wine country. bikekatytrail.com

The **Virginia Creeper Trail** in Southwest Virginia is ideal for family cruisers, most of whom coast a 17-mile downhill from Whitetop Mountain to the tiny town of Damascus. wacreepertrail.com