

WORKOUT CLOTHES & GEAR | Jun 26, 2015

The Best Underwear for Women Who Work Out Hard

The moisture-wicking, quick-dry qualities of these performance panties ensure that a little sweat won't stop you from pushing yourself a little harder



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8 of 11 | Knock Out Thong

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The breathable, dye-free liner on this thong dries quickly, protecting your clothing from excess moisture. And you'll be hard-pressed to find a panty line—even with the tightest of yoga pants. (\$17; knockoutpanties.com)

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