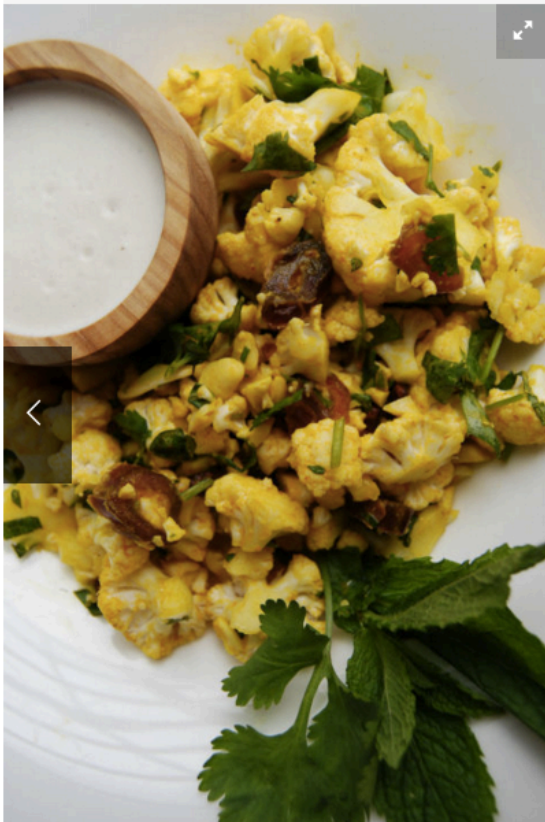


50 Vegan Thanksgiving Recipes Your Friends Wish You'd Make

01 of 50 | SEE PHOTOS



CAULIFLOWER SALAD

A perfect starter recipe to warm up for the main meal.

Ingredients:

RAW SOUR CREAM

- 1 cup cashews (soaked and rinsed)
- 1/2 cup water
- 1/4 cup lemon juice
- 1/2 teaspoon sea salt

DRESSING

- 3 tablespoons coconut oil
- 2 tablespoons lemon juice
- 1/2 teaspoon turmeric
- 1/2 teaspoon sea salt
- 1/4 teaspoon freshly ground pepper
- pinch cayenne
- 1 head cauliflower
- 1/2 cup finely chopped soaked cashews
- 6 dates
- 1/4 cup chopped cilantro leaves
- 1/4 cup chopped mint leaves
- 1 tablespoon cacao nibs

To prepare sour cream: Blend all ingredients together.

Soak dates in advance, about two to three hours, drain, pit and finely chop. Then mix all ingredients together, dress the salad, and add a dollop of raw sour cream.

Recipe courtesy of Xavier Bonnafous of Southern Pressed

